



generosity breeds joy.

Enrichment for Dogs

Enrichment is the act of providing both physical and mental activities for your dog. Many common dog behavior problems come from not getting enough enrichment, or not getting the right type.

Here are some examples of positive enrichment for dogs:

- Long walks, complete with time to see and smell new things
- Playing games like tug or fetch
- Agility training
- Chew toys and chew treats
- Food puzzles, such as Kongs toys and wobblers – great for smart pups
- Read your favorite book out loud
- Swimming
- Dog parks and doggy daycare can be great for dogs who enjoy socializing with other dogs
- [Training classes – see the schedule at jaxhumane.org/training](http://jaxhumane.org/training)

JHS has a Pinterest board dedicated to easy enrichment activities for dogs.

[Click here](#) to see the fun you can create for your dog or visit pinterest.com/jaxhumane. Check out the JHS Blog, too: jaxhumane.org/busybox.

Providing enrichment will keep you and your dog happy. Try it today!

